

## **CONTENTS:**

### **FIRST AID MANUAL**

1 – Wilderness & Travel Medicine: A Comprehensive Guide

### **MEDICATION**

2 – Thermometer, Single Use

3 – After Bite Wipe

2 – Diamode (Loperamide HCl 2 mg.)

6 – Aspirin (325 mg.)

8 – Ibuprofen (200 mg.)

8 – Acetaminophen (500 mg.)

3 – Antihistamine (Diphenhydramine 25 mg.)

### **FIELD TRAUMA PAK (Removable)**

1 – Trauma Bandage

1 – Trauma Pad, 5" x 9"

4 – Sterile Gauze Dressing, 4" x 4"

1 – Petrolatum Dressing, 3" x 3"

2 – Nitrile Glove

1 – Self-Adhering Bandage, 2"

1 – Triangular Bandage

1 – Duct Tape, 2" x 50"

1 – EMT Shears, 4"

1 – CPR Face Shield

1 – Splinter/Tick Remover Forceps

14 – Moleskin Pre-Cut/Shaped

3 – Safety Pin

1 – Pencil

1 – Patient Assessment Form

### **WOUND CARE**

1 – Wound Irrigation Tool, 20cc

10 – Wound Closure Strip, 1/4" x 4"

4 – Sterile Gauze Dressing, 4" x 4"

4 – Sterile Gauze Dressing, 2" x 2"

2 – Sterile Non-Adherent Dressing, 3" x 4"

1 – Gauze Bandage, 3"

1 – Cloth Tape, 1" x 10 Yards

2 – Nitrile Glove

2 – Cotton Tip Applicator

### **CUTS & SCRAPES**

5 – Easy Access Bandages, Fabric, 1" x 3"

5 – Easy Access Bandages, Fabric, Knuckle

3 – Triple Antibiotic Ointment

12 – Antiseptic Wipe

6 – Alcohol Swab

2 – Tincture of Benzoin